

Pioneer Doctors & Remedies

Many of our Modern Medicines
came from herbs, flowers or other
plants.

When pioneers & other early settlers

came west they didn't have

John's Drug Store on Main Street

No nice hospitals like we now have
not even decent homes.

They gleaned information from

herb doctors, Indians, frontiersmen

& for many an what was good for

a particular ailment.

Some examples of these are:

① Foxglove is a flower which grew

in England many years ago, and

some other English women used to

gather it, dry it in the sun & steep

it to make a tea. They used this

tea to treat people with heart disease

Later doctors studied this plant &

found it contained a substance which

we now use as digitalis - more refined
& exactly weighed.

MONTHLY MORBIDITY SUMMARY

UTAH STATE DIVISION OF HEALTH SELECTED REPORTABLE DISEASES

Month March 1977

County	Estimated Population 19 76	Gonorrhea	Infectious Hepatitis	Serum Hepatitis	Influenza	Rheumatic Fever	Rubella	Rubeola	Salmonellosis	Shigellosis	Syphilis (Primary & Secondary)	Tuberculosis (New Active & Relapse)
Beaver	4,200											
Box Elder	31,100	2			25							
Cache	49,300	4										
Carbon	19,300											
Daggett	800											
Davis	120,000	16	1		8							1
Duchesne	11,300	1	1									
Emery	8,000											
Garfield	3,500											
Grand	6,900		2									
Iron	14,800											
Juab	5,300											
Kane	3,600											
Millard	8,200											
Morgan	4,800									2		
Piute	1,300				4							
Rich	1,600											
Salt Lake	520,000	130	7	2	24	1	2	1	2	1	2	2
San Juan	11,200	2			5		1		1	11		1
Sanpete	13,000				8							
Sevier	13,200											
Summit	7,000											
Tooele	23,600	3	1									
Uintah	17,300	4							1			
Utah	172,000	6					3		1	1		
Wasatch	7,000				2							
Washington	18,000						1					
Wayne	1,700											
Weber	137,000	51	2	2					1	2		
Utah State Total	1,235,000	219	14	4	76	1	7	1	6	17	2	4
This Month Last Year		205	81	4	747	4	48	515	3	11	0	2
This Year To Date		538	44	16	111	4	40	3	14	30	4	6
Last Year To Date		567	197	11	856	10	88	1113	9	36	1	4

Other Diseases: **Reye Syndrome** -- 6
Typhoid Fever -- 1

Examples^{cont} (2) John Wesley was an English Religious Reformer in the 18th century used to say that Scurvy should be treated by eating turnips for one month, or drink tar water. a.m & p.m. or drink nettle-juice bid-

Later the English sailors found they could avoid Scurvy by drinking lime juice - hence the name "Limeies" - Later the doctors found Vit C.

③ Pioneers used ginseng to treat colds, & pneum.

④ "Jack in the pulpit for pneumonia"

⑤ Some remedies were based on superstition. i.e. like that certain objects would cure certain illnesses: i.e. a rattlesnake's heart to cure Epilepsy. or a dead spider hanging on a thread around your neck to prevent ague^(Malaria like) or a bag of asafetida (an herb that smells like garlic) worn around the neck to prevent many ills. Of course, the doctors have disproven all these.

⑥ If you had Gall stones you would be placed in a hot tub of water for 10 min.

⑦ Sore Throats were treated by putting a dirty stocking around your neck.

⑧ For Gout some used camphorated Rhubarb.

⑨ Ring worms: R: apply rotten apples or pounded garlic.

⑩ Garlic was used for many things. Even today many think it is good for the Blood Press. but it is not.

MONTHLY MORBIDITY SUMMARY

UTAH STATE DIVISION OF HEALTH SELECTED REPORTABLE DISEASES

Month March 1977

County	Estimated Population 19 <u>76</u>	Gonorrhea	Infectious Hepatitis	Serum Hepatitis	Influenza	Rheumatic Fever	Rubella	Rubeola	Salmonellosis	Shigellosis	Syphilis (Primary & Secondary)	Tuberculosis (New Active & Relapse)
Beaver	4,200											
Box Elder	31,100	2			25							
Cache	49,300	4										
Carbon	19,300											
Daggett	800											
Davis	120,000	16	1		8							1
Duchesne	11,300	1	1									
Emery	8,000											
Garfield	3,500											
Grand	6,900		2									
Iron	14,800											
Juab	5,300											
Kane	3,600											
Millard	8,200											
Morgan	4,800									2		
Piute	1,300				4							
Rich	1,600											
Salt Lake	520,000	130	7	2	24	1	2	1	2	1	2	2
San Juan	11,200	2			5		1		1	11		1
Sanpete	13,000				8							
Sevier	13,200											
Summit	7,000											
Tooele	23,600	3	1									
Uintah	17,300	4							1			
Utah	172,000	6					3		1	1		
Wasatch	7,000				2							
Washington	18,000						1					
Wayne	1,700											
Weber	137,000	51	2	2					1	2		
Utah State Total	1,235,000	219	14	4	76	1	7	1	6	17	2	4
This Month Last Year		205	81	4	747	4	48	515	3	11	0	2
This Year To Date		538	44	16	111	4	40	3	14	30	4	6
Last Year To Date		567	197	11	856	10	88	1113	9	36	1	4

Other Diseases: Reye Syndrome -- 6
 Typhoid Fever -- 1

- (11) Chapped Hands R: Rub \bar{c} Raw linseed oil
- (12) Sting of bee or wasp: R: Remove stinger
& suck the wound of the venom.
& apply tobacco or milk.
- (13) asthma R: John Wesley R = drink, pt.
cold water with van.
- (14) Pioneers used Brigham tea made
from

STATE BOARD OF EDUCATION
OFFICE OF REHABILITATION SERVICES

DISABILITY CONSULTATION

Name of Client

Betty J. Foster

Age

51

1. a. Major disabling condition

Lumbosacral sprain

Chronic & degenerative arthritis

b. Secondary disabling condition

Pain in back

2. Is the disability significant? Yes No Does the disability
cause substantial vocational limitations? Yes No

3. The disability is: Permanent? yes Stabilized? No Progressive? yes
Temporary? no Remediable? probably Partially remediable? yes

4. Is the medical work-up now adequate? Yes No

5. Recommendations and/or comments:

A. Further follow-up & orthopedic

surgeon

*B. On-job training and considera-
tion of back limitations.*

Counselor

Current Date

3-17-77

Medical consultant

R. B. Green